



For Immediate Release

TSX: TUI.UN

True Energy Trust Announces January 2006 Distribution of \$0.24 Per Unit

Calgary, Alberta, December 15, 2005 – True Energy Trust (the “Trust”), formerly TKE Energy Trust (“TKE”), announces that the cash distribution for the month of December will be \$0.24 per unit, to be paid on January 16, 2006 to all unitholders of record as of December 31, 2005. The ex-distribution date for this payment is December 28, 2005.

Investors are reminded that this distribution will be included in the unitholders’ 2005 tax statements. True will provide unitholders who receive the January 16th distribution with the appropriate tax documentation prior to the end of March 2006.

True Energy Trust is a sustainable oil and gas trust. Trust units of the Trust are traded on the Toronto Stock Exchange under the symbol “TUI.UN”.

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