



For Immediate Release  
TSX: TUI.UN

**TRUE ENERGY TRUST FILES ITS ANNUAL INFORMATION FORM**

Calgary, Alberta March 30, 2006 – True Energy Trust (“True”), today filed its Annual Information Form, which includes True’s reserves data and other oil and gas information for the year ended December 31, 2005 as mandated by National Instrument 51-101 Standards of Disclosure for Oil and Gas Activities of the Canadian Securities Administrators. Copies of True’s Annual Information Form may be obtained on [www.sedar.com](http://www.sedar.com) or by contacting True.

True Energy Trust is a medium-sized, natural gas weighted, exploration and production trust based in Calgary, Alberta, Canada. Units of the Trust are traded on the Toronto Stock Exchange under the symbol “TUI.UN”.

**For further information, please contact:**

Paul R. Baay  
President & Chief Executive Officer  
True Energy Trust  
(403) 750-1272

Joan E. Dunne  
Vice President, Finance & Chief Financial Officer  
True Energy Trust  
(403) 750-1262

**True Energy Trust**  
2300, 530 – 8<sup>th</sup> Avenue SW  
Calgary, Alberta Canada T2P 3S8  
Tel: (403) 266-8670 Fax: (403) 264-8163  
Email: [general.info@trueenergy.ab.ca](mailto:general.info@trueenergy.ab.ca)  
Website: [www.trueenergytrust.com](http://www.trueenergytrust.com)