



For Immediate Release
TSX: TUI.UN

True Energy Trust Announces February 2006 Distribution of \$0.24 Per Unit

Calgary, Alberta, January 17, 2006 – True Energy Trust (the “Trust”), announces that the cash distribution for the month of January will be \$0.24 per unit, to be paid on February 15, 2006 to all unitholders of record as of January 31, 2006. The ex-distribution date for this payment is January 27, 2006.

True Energy Trust is a sustainable oil and gas trust. Trust units of the Trust are traded on the Toronto Stock Exchange under the symbol “TUI.UN”.

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